

LIBBY SMITH GOLF

SHARING MY LOVE FOR THE GAME



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ARISE

CENTER FOR ATHLETIC DEVELOPMENT

1701 Military Trail #145A Jupiter, FL 33458

<https://myarisefl.com/>

SWING TIP:

REHEARSE FULL SWINGS
WITH SPEED ON BALANCE!

YouTube Link:

LSG HITTING BOMBS!

Looking to Hit Bombs?! Let Libby Smith Golf help you build a repeatable swing to **HIT THE BALL LONGER & STRAIGHTER** with **MORE SPEED ON BALANCE**. Focus on a strong set-up, strong load up, and strong finish **PUSHING YOUR SPEED ON BALANCE** for longer and straighter golf shots!! Watch this [YouTube video from Libby Smith Golf](#) to learn how to own it, trust it, and hear the **WHOOSH!!**

LSG @ ARISE

GOLF SPECIFIC
FITNESS TRAINING
WEEKLY CLASS SCHEDULE

Monday

2:30-3:30pm

Wednesday

2:30-3:30pm



COACHING PACKAGES, LESSON PRICING & CLINIC INFORMATION:

Contact Libby Smith at
libbysmithgolf@gmail.com
for coaching packages,
lesson pricing and clinic
information. Let's Go!!

FOLLOW LIBBY SMITH GOLF ON SOCIAL MEDIA

Facebook: [@LibbySmithGolf](#)

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YouTube: [@LibbySmithGolf](#)

Email Libby Smith at
libbysmithgolf@gmail.com
for more information and to
sign up for fitness classes!

www.libbysmithgolf.com



2018 PGA TEACHER OF THE YEAR
Vermont Chapter

