

LIBBY SMITH GOLF



ARISE

CENTER FOR ATHLETIC DEVELOPMENT

1701 Military Trail #145A Jupiter, FL 33458

<https://myarisefl.com/>

SWING TIP:

REHEARSE FULL SWINGS
WITH SPEED ON BALANCE!

YouTube Link:

LSG HITTING BOMBS!

LSG @ ARISE

GOLF SPECIFIC
FITNESS TRAINING
WEEKLY CLASS SCHEDULE
Monday & Wednesday
2:30-3:30pm
Tuesday & Thursday
10:00-11:00am

Email Libby Smith at
libbysmithgolf@gmail.com
for more information and to
sign up for fitness classes!

Looking to Hit Bombs?! Let Libby Smith Golf help you build a repeatable swing to **HIT THE BALL LONGER & STRAIGHTER** with **MORE SPEED ON BALANCE**. Focus on a strong set-up, strong load up, and strong finish **PUSHING YOUR SPEED ON BALANCE** for longer and straighter golf shots!! Watch this [YouTube video from Libby Smith Golf](#) to learn how to own it, trust it, and hear the **WHOOSH!!**



**COACHING PACKAGES,
LESSON PRICING &
CLINIC INFORMATION:**

Contact Libby Smith at
libbysmithgolf@gmail.com
for coaching packages,
lesson pricing and clinic
information. Let's Go!!

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GOLF ON SOCIAL MEDIA**

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www.libbysmithgolf.com



2018 PGA TEACHER OF THE YEAR
Vermont Chapter

